

5. Lazy eight

(the manoeuvre consisting of two following steep turns).

Move the control stick slowly forward to attain the entry speed of 97 KIAS (180 km/h IAS), flown solo or dual. Perform a steep climbing turn to the selected side, smoothly pulling the control stick with simultaneous coordinated use of ailerons and rudder. At a speed of 54 KIAS (100 km/h IAS) do transition of the sailplane to a descent and after reaching 97 KIAS (180 km/h IAS) perform the steep turn to the opposite side, smoothly pulling the control stick with simultaneous coordinated use of ailerons and rudder. The flight path intersects at the lowest point of the manoeuvre.

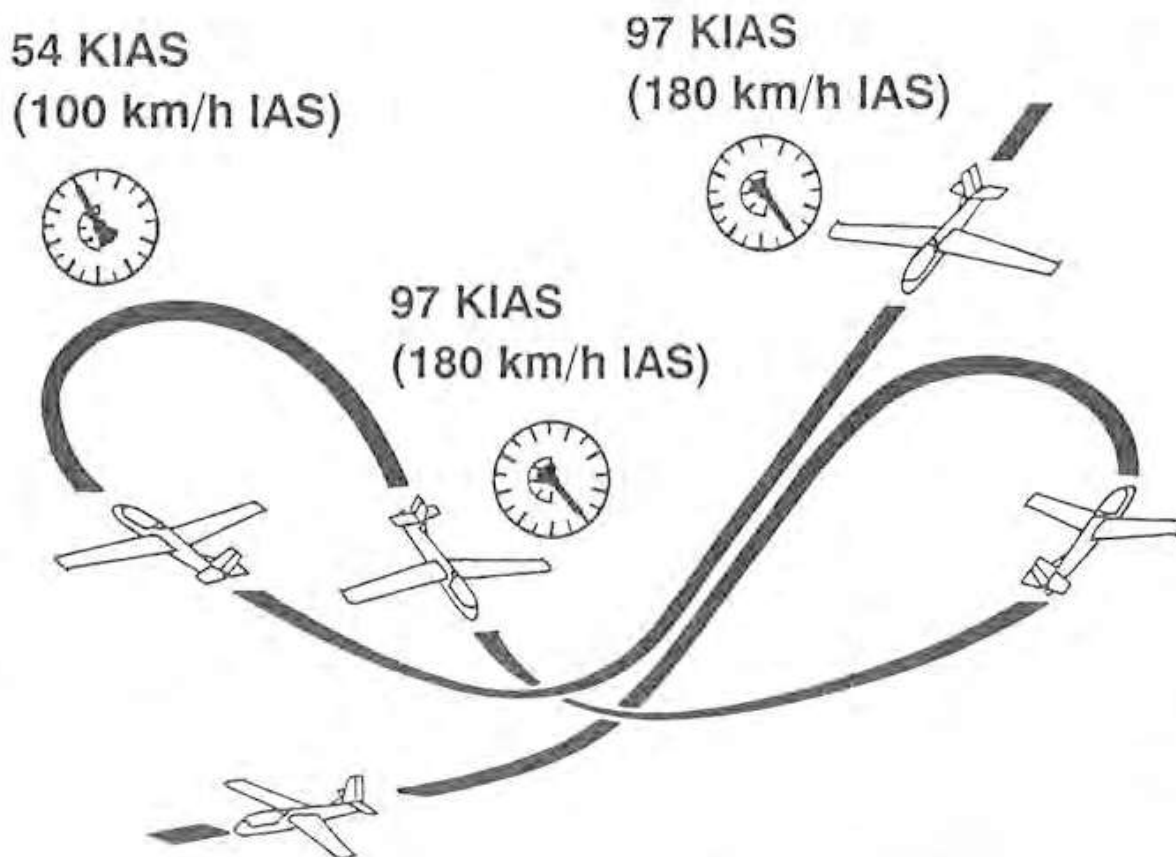


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